

## Shri Hanuman Bahuk PDF

sindhu taran, siy-soch haran, rabi baal baran tanu ll  
bhuj bisaal, moorati karaal kaahu ko kaal janu ll  
gahan-dahan-nirdahan lank nihsank, bank-bhuv ll  
jaatudhaan-balavaan man-mad-davan pavanasuv ll  
kah tulaseedaas sevat sahaj sevak hit santat nikat ll  
gun ganat, namat, sumirat japat saman sakal-sankat-vikat ll1 ll

svarn-sel-sankas koti-ravi taroon tej ghan ll  
ur visaal bhuj dand chand nakh-vajratan ll  
pingh nayan, bhrkutee karaal rasana dasanaanan ll  
kapis kes karkas langoor, khal-dal-bal-bhaanan ll  
kah tulaseedaas bas jaasu ur maarutasut moorati vikat ll  
santap paap tehi purush pahi svapnahun nahin aavat nikat ll2 ll

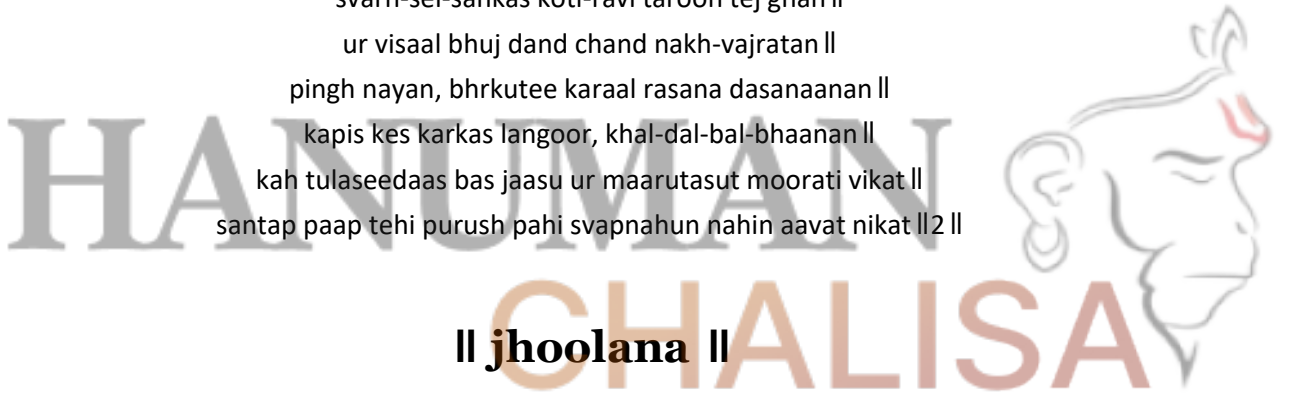
### ll jhoolana ll

panchamukh-chhahmukh bhrigu mukhy bhat asur sur, sarv sari samar samarath suro ll  
banakuro beer birudait birudaavalee, bedabandi baadat pajapuro ll  
jaasu gunagaath raghunaath kah jaasubal, bipul jal bharit jag jaladhi jhooro ll  
duvan dal daman ko kaun tulasee hai, pavan ko poot raajapoot ruo ll3 ll

### llghanaaksharee ll

bhaanusan ne padha hanumaan gae bhaanuman, seekhee sisu kelee kiyo pher pharaso ll  
pachhile pagani gam gagan magan man, kram ko na brahma kapi baalak bihaar so ll  
kautuk vidhi lokapaal harihar, lochani chakaachaundhi chittani khabar so ll  
bal kandho beer ras dheeraj kai, saahas kai, tulasee sirir dhare sabani saar so ll4 ll

bhaarat mein paarath ke rath kethu kapiraaj, gaajyo suni kururaaj dal hal bal bho ll  
kahyo dron bheeshm sameer sut mahaabeer, beer-ras-baaree-nidhi jaako bal jal bho ll



**baanar subhaay baal keli bhoomi bhaanu laagee, phalaang phalaang hoten ghaatee nabh tal bho ll  
naee-naee-maath joree-jori haath jodha jo, hanumaan dekho jagajeevan ko phal bho ll5 ll**

go-pad payodhi kari, holika jyon lai lanka, nihsankoch par pur gal bal bho ll  
dron so pahaar liyo pra hee ukhaari kar, kanduk jyon kapi khel bel kaiso phal bho ll  
sankat samaaj asamanjas bho raam raaj, kaaj jug pooganee ko karatal pal bho ll  
dereval samath tulasee ko nai ja kee baan, lok paal paalan ko phir thir thal bho ll6 ll

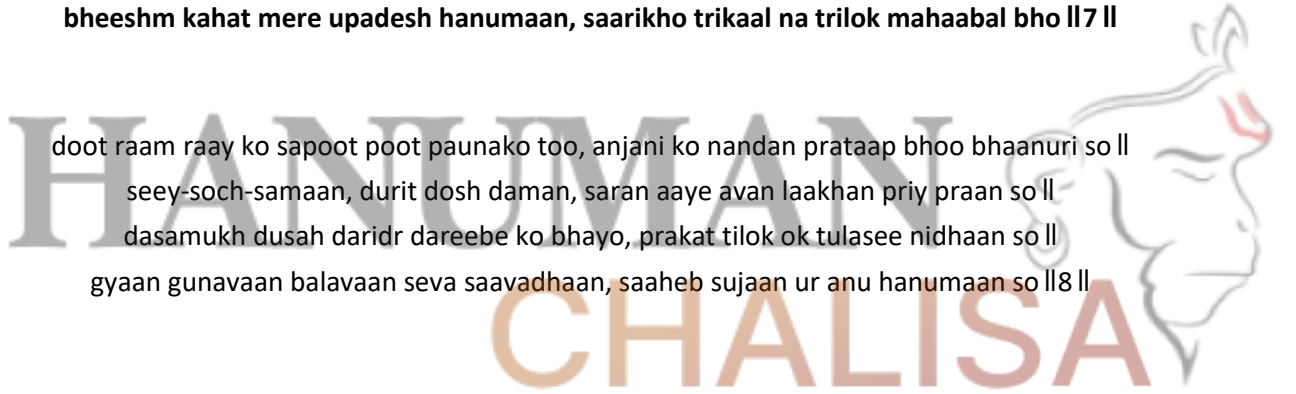
**kamath kee puri jaake godanee kee gaadan maano, nap ke bhajan bhaaree jal nidhi jal bho ll  
jaatudhan daavaan paraavan ko durg bhayo, maha meen baas timi tomani ko thal bho ll  
kumbhakarn raavan payod naad eedhan ko, tulasee prataap jaako prabal anal bho ll  
bheeshm kahat mere upadesh hanumaan, saarikho trikaal na trilok mahaabal bho ll7 ll**

doot raam raay ko sapoot poot paunako too, anjani ko nandan prataap bhoo bhaanuri so ll  
seey-soch-samaan, durit dosh daman, saran aaye avan laakhan priy praan so ll  
dasamukh dusah daridr dareebe ko bhayo, prakat tilok ok tulasee nidhaan so ll  
gyaan gunavaan balavaan seva saavadhaan, saahab sujaan ur anu hanumaan so ll8 ll

**davan duvan dal bhuvan bidit bal, bed jas gaavat bibudh bandee chaaro ko ll  
paap taap timir tuhin nighatan paatu, sevak saroruh sukhad bhaanu sooryoday ko ll  
lok paralok ten bishok svapn na sok, tulasee ke hain bharoso ek or ko ll  
raam ko dulaaro daas baamadev ko nivaas ll naam kali kaamataru kesaree kishor ko ll9 ll**

mahaabal seem maha bheem mahaabaan it, mahaabeer bidit barayo raghubeer ko ll  
kulis kathor tanu jor parai ror ran, karuna kalit man dhaarmik dheer ko ll  
durjan ko kaalaso karaal paal sajjan ko, sumire haran haar tulasee ke peer ko ll  
seey-sukh-daayak dulaaro raghunaayak ko, sevak sahaayak hai deliar sameer ko ll10 ll

**rachibe ko bidhi jaise, paalibe ko hari har, mich maaribe ko, jaibe ko sudhaapaan bho ll  
dharibe ko dharani, tarani tam daalibe ko, sokhibe krshnu poshibe ko him bhaanu bho ll  
khal dukh doshibe ko, jan paritoshibe ko, maangibo malinata ko modak dudaan bho ll  
arat kee aaratee nivaaribe ko tihun pur, tulasee ko sabe hathilo hanumaan bho ll11 ll**



sevak syokai jaani jaanakis manai kaani, saanukul sulpani navai naath naanak ko ll  
devee devav dayaavane hvai joran haath, baapure baraaq kaha aur raaja raank ko ll  
jagat sovat baithe baagat binod mod, taake jo anarth so samarth ek aank ko ll  
sab din ruo parai pooro jahaan tahaan taahi, jaake hai bharosa hyahanumaan haank ko ll12 ll

**saanug sagauree saanukool sulpani taahi, lokapaal sakal laksh raam jaanakee ll  
lok paralok ko bishok so tilok taahi, tulasee tami kaha kaahoo beer ankee ll  
kesaree kishor bandeechhor ke nevaaje sab, keerati bimal kapi karunaanidhaan kee ll  
baalak jyon paali hain krpaalu muni siddhata ko, jaake hiye hulasati yukh hanumaan kee ll13 ll**

karunaanidhaan balabuddhi ke nidhaan ho, mahima nidhaan gunagyaan ke nidhaan ho ll  
bam dev roop bhoop raam ke sanehee, naam, let det arth dharm kaam nirbaan ho ll  
aapaka prabhaav sitaara ke subhaav seel, lok bed bidhi ke bidoosh hanumaan ho ll  
man kee bachan kee karam kee tihon prakaar, tulasee tihaaro tum sab sujaan ho ll14 ll

**man ko agam tan mohit kapis, kaaj mahaaraaj ke samaaj saaj saaje hain ll  
dev banage chaaro raanor kesaree kishor, jug jug jag tere pakshee biraaje hain ll  
beer barajor ghaatee jor tulasee kee or, suni sakuchane saadhiti khal gan gaaje ll  
bigaree saanvar anjaneer kumaar keeje mohin, jaise hot aae hanumaan ke nivaaje ll15 ll**

## ll saavaiya ll

jan siromani ho hanumaan sada jan ke man baas tihaaro ll  
dharo bigaaro main kaako kaha kehi kaaran khijaat haun to tihaaro ll  
baaba sevak rishtedaar to hato kiyo so taan tulasee ko na chaaro ll  
doshaye sun tain ehun ko laabh havan man to hay haaro ll16 ll

**tera thaapai uthapai na mahes, thaapai tera ko kapi je ur ghale ll  
tere nibaaje gareeb nibaaj biraajat bairin ke ur saale ll  
sankat soch sabai tulasee naam phataee makaree ke se jale ll  
boodh bhaye bali merahin baar, ki hari pare byau nat paale ll17 ll**

sindhu tere bade beer dale khal, jare hain lank se bank mavaase ll  
tain raanee kehari kehari ke bidale ari kunjari chhail chhaavase ll  
toso samath sujaabe se sahai tulasee duhkh dosh aushadhi se ll  
bainarabaaz ! bheege khal khechar, leejat kyon na lapeti lavaase ll18 ll

**achchh vimardan kaanan bhaani dasaanan amrt bha na nihaaro ll  
balidaanaad akampan kumbhakarn se kunjari kehari vaaro ll  
raam prataap hutaasan, kachchh, vipachchh, sameer sameer dulaaro ll  
paap te saamp te taap tihon ten sada tulasee kah so rakhavaaro ll19 ll**

## **ll ghanaaksharee ll**

jaanat jahaan hanumaan ko nivaajyo jan, man laakee bali bol na bisaariye ll  
seva jog tulasee kahahun kaha dosh paree, sabe subhaav kapi saahibee sambhaariye ll  
aparaadhee jaani keejai sasati sahas bhaanti, modak marai jo taahi maahur na maarie ll  
deyaradeyar sameer ke dulaare raghubeer juber ke, baanh peer mahaabeer begee hee nivaarie ll20 ll

**baali biloki, bali ke baare mein ten apano kiyo, deenabandhu daya kinheen nirupaadhi nyaariye ll  
raavaro bharoso tulasee ke, raavaroee bal, as raavariyai daas raavaro vichaaraye ll  
bado bikaraal kaalee kaako na bihaal kiyo, manohar pagu bali ko nihaari so nibaariye ll  
kesaree kishor raanor barajor beer, baanh peer raahu maatu jyon pahiri maariye ll21 ll**

uthape thapanathir thaape uthapanahaar, kesaree kumaar bal aapano sambaariye ll  
raam ke daasani ko kaam taru raamadoot, mose deen dube ko takiya tihaariye ll  
saaheb samarth to son tulasee ke nishaan par, so aparaadh binu beer, bache maariye ll  
pokharee bisaal baahu, bali, bairichar peer, makaree jyon pakaree ke badan bidaariye ll22 ll

**raam ko saneh, raam sahasik lakshan siya, raam kee bhagati, soch sankat nivaariye ll  
mud marakat rog barinidhi heri haare, jeev jaamavant ko bharosa tero bhaaraye ll  
japiye krpaal tulasee suprem pabbayaten, suthal subel bhaaloo baith kai vichaariye ll  
mahaabeer baankure baraakee baanh peer kyon na, lankinee jyon takarae ghaat hee maro maarie ll23 ll**

lok paralokahun tilok na vilokyat, tose samarath chash chaarihoon nihaaraye ll  
karm, kaal, lokapaal, ag jag jeevajal, naath haath sab nij mahima bichaariye ll  
khas daas raavaro, nivaas tero taasu ur, tulasee so, dev dukkh dekhiat bhaariye ll  
tarumool baahusool kapikachchhu belee, baat upajee sakeeli kapi keli hee ukhaariye ll24 ll

**karam karaal kans bhoomipaal kee maanyata, bakee bak bhaginee kaahoo ten kaha daraagee ll  
badee bikaraal baal ghaatinee na jaat kahee, baanhoo bal baalak chhabelee chhotee chharaige ll  
ahee hai med besh aap hee bichaaree dekh, paap jaega sab ko gunee ke paale paraagee ll  
pootana pishaachinee jyon kapi kaanh tulasee kee, baanh peer mahaabeer teree maregee ll25 ll**

bhaal kee kaal kee, tridosh kee, bedan bheeshm paap taap chhal kee ll  
karman koot kee jantr mantr boot kee, parahi jaahi paapinee maleen man manh kee ll  
pahihi sajaay, nat kahat bajaay tohi, baabaree na hohi bani jaani kapi naanh kee ll  
aan hanumaan kee duhaee balavaan kee, sath mahaabeer kee jo rahai peer baanh kee ll26 ll

**sinhika sanhaaree bal surasa sudhaari chhal, lankinee pahari maari batika ujaaree hai ll  
lank parajaari makaree bidaaree baar-baar, jaatudhan dhaaree dhoori dhane kaari daari hai ll  
toree jamakaataree mandodaree kathoree aanee, raavan kee raanee meghanaad mahataaree hai ll  
bheer baanh peer kee nat raakhi mahaabeer, kaun ke sakoch tulasee ke soch bhaaree hai ll27 ll**

tero baali keli beer suni sahamat dheer, bhulat sarir sudhi sakr ravi raahu kee ll  
teri baanh basat bisok lok pal sab, tero naam let rahain aaratee na kaahu kee ll  
saam daam bhed vidhi bedahu labed siddhi, haath kapinaath hee ke choree chor saahoo kee ll  
alas anakh parihaas kai sidhavan hai, ete din rahee peer tulasee ke bahu kee ll28 ll

**tukani ko ghar ghar dolat kangaal bolee, baal jyon krpaal nat paal paali poso hai ll  
keenhee hai saanbhar saar anjane kumaar beer, aapano bisaari hain na merehoo bharosa hai ll  
etano parekho sab bhaanti samarath aaju, kapiraaj saanchee kahaun ko tilok toso hai ll  
sasati sahat daas keeje pekhi parihaas, chiree ko maran khel baalakani koso hai ll29 ll**

too hee paap ten tripaat ten ki paap ten, baakee hai baanh bedan kahee na sahee jaati hai ll  
aushadh anek jantr mantr totakaadi ke, baadee bhaye devata manaaye adhikati hai ll

karataar, bharataar, harataar, karm kaal, ko hai jagajaal jo na maanat itaati hai ll  
chero tero tulasee too mero kahyo raam doot, satye beer mohi peer ten pirati hai ll30 ll

**doot raam raay ko, sapoot poot vaay ko, samatv haath paay ko, sahaayak vichaaradhaara ko ll  
baankee biradaavalee bidit bed gaiyat, raavan so bhaat bhayo muthika ke dhaay ko ll  
ete bade saahab samarth ko nivaajo aaj, seedat susevak bachan man kaay ko ll  
thoree baanh peer kee badee galaanee tulasee ko, kaun paap kop, lop prakat prabhaay ko ll31 ll**

devee dev danuj manuj muni siddh naag, chhote bade jeev jete chetan achetan hain ll  
pootana pishaachinee jaatudhan baag, raam doot kee rajaee manohar mani let ll  
ghor jantr mantr koot kapat kurog jog, hanumaan an suni chadhat niket ll  
krodh keeje karm ko prabodh keeje tulasee ko, sodh keeje tinako jo dosh duhkh det ll32 ll

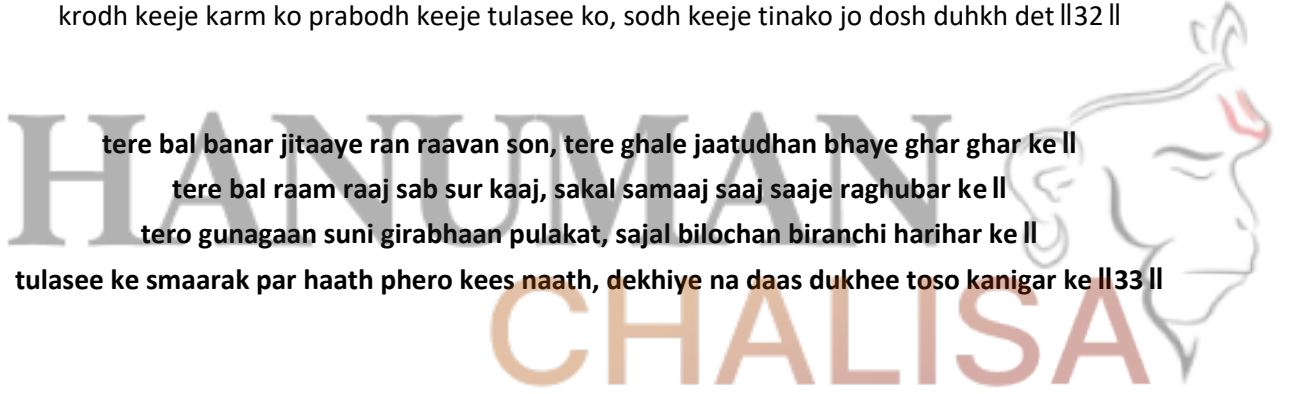
**tere bal banar jitaaye ran raavan son, tere ghale jaatudhan bhaye ghar ghar ke ll  
tere bal raam raaj sab sur kaaj, sakal samaaj saaj saaje raghubar ke ll  
tero gunagaan suni girabhaan pulakat, sajal bilochan biranchi harihar ke ll  
tulasee ke smarak par haath phero kees naath, dekhiye na daas dukhee toso kanigar ke ll33 ll**

paalo tere tukadon ko parehoon asaphal mukiye na, kaur kaudee dukho haun apanee or heriye ll  
bhoranaath bhore hee sarosh hot thore dosh, poshi toshi thaapi aapano na av deriye ll  
ambu too hoon ambu choor, ambu too hoon dimbh so na, suniye bilamb avalamb mere teriye ll  
baalak bikal jaani paahi prem pahichaani, tulasee kee baanh par laamee loom pheriye ll34 ll

**baakee liyo rogani, kujogani, kulogani jyaun, basar jaladaghan ghata dukhi dhaee hai ll  
barat baaree peer javaase jas, pher binu dosh dhoom mool malinaee hai ll  
karunaanidhaan hanumaan maha balavaan, heri hansee yukiffee faunjai te udai ll  
khaaye huto tulasee kurog raadha rakasani, kesaree kishor raakhe beer bairee hai ll35 ll**

## **ll saavaiya ll**

raam gulaam tu hi hanumaan gosaeen susaeen sada anukoolo ll  
palyo haun baalajyon aakhar doon pitu maatu son mangal mod samoolo ll



baanh kee bedan baanh pagaar kolat aarat aanand bhoolo ll  
shree raghubeer nivaariye peer rahaun darabaar paro latee loolo ll36 ll

## ll ghanaaksharee ll

**kaal kee karaalata karam majaboot keedhau, paap ke prabhaav kee subhaay baay baavare ll  
bedan kubhaanti so sahee na jaati rati din, soee baanh gahee jo gahee sameer daabare ll  
laayo taru tulasee tihaaro so nihaari baaree, seenchiye malin bho taiyo hai tihun tavare ll  
bhootanee kee apanee paraaye kee krpa nidhaan, jaaniyat sabhee kee reeti raam raavare ll37 ll**

paany peer pet peer baanh peer munh peer, jar jar sakal peer mae hai ll  
dev bhoot pitar karm khal kaal grah, mohi par dairi damanak see daee hai ll  
haun to binu mol ke bikaano bali ke baare mein, ot raam naam kee lalati lee hai ll  
kumbhaj ke kinkar bikal booth gokhurani, haay raam raay aisee haal kahaun bhaee hai ll38 ll

**baahuk subaahu neech leechar maareech mili, mukh peer ketuja kurog jaatudhaan hai ll  
raam naam jap jag kiyo chaaho sanuraag, kaal kaise doot bhoot kaha mera man hai ll  
sumire sahaayata raam lakhan aakhar dooo, samooh saake jagat jahaan hai ll  
tulasee saambhari taadaka sanhaaree bhaaree bhat, badhe baragad se banaavan hai ll39 ll**

baalapane sudhe man raam sanmukh bhayo, raam naam let maangi khaat tuk tak haun ll  
parayo lok reeti mein punit preetee raam ray, moh bas baitho toree tarakee taarak haun ll  
khote khote aacharan aachaar apanaayo, anjaneer kumaar sodhyo raamapaani paak haun ll  
tulasee gusaen bhayo bhonde din bhool gayo, taako phal paavat nidaan paripaak haun ll40 ll

**asan basan heen bisham bishaad leen, dekhi din dubaro karai na hay hay ko ll  
tulasee naath so naath raghunaath kiyo, diyo phal seel sindhu ye subhaay ko ll  
neech yahi beech pati piya bharu haeeego, bihe prabhu bhajan bachan man kaay ko ll  
ta ten tanu pesheeyat ghor barator mis, phooti phuti nikasat lon raam ray ko ll41 ll**

jio jag jaanakee jeevan ko kahai jan, mareebe ko baaraansee bairee sur sari ko ll  
tulasee ke dohoon haath modak hain aise thaanoo, jaake jaay muye soch karihen na lari ko ll  
mo ko jhanto saancho log raam kahat sab, mere man man hai na har ko na hari ko ll  
peer dusah sareer ten bihaal hot, sooo raghubeer binu saka door kari ko ll42 ll

**seetaapati saaheb sahaayata hanumaan nit, hit upadesh ko mahes maano guru kai ll  
maanas bachan kaay saran tihaare paany, tumhaaree haalat sur mein na jaane sur kai ll  
bidhi bhoot janit digree kaahu khal kee, samaadhi kee jay tulasee ko jaani jan phar kai ll  
kapinaath raghunaath bholaanaath bhootanaath, rog sindhu kyon na dariyat gaay khur kai ll43 ll**

kahon hanumaan son sujaan raam raay son, krpaanidhaan sansaro son saavadhaan sunie ll  
harsh vishad raag rosh gun may dosh, birachi biranchee dekhi sabayat duniya ll  
maaya jeev kaal ke karm subhaay ke, karaiya raam bed kahe saanchee man guniye ll  
tum ten kaha na hoy ha ha so bujhaaye mohin, hoon hoon rahon maunahee vayo so jaani luniye ll44 ll

HANUMAN   
CHALISA