

# Hanuman Kavach In English PDF

## | Shree Ganeshay Namah: |

Om shree panchavadanaayaanjaneyaay namah. om asy shree  
Panchamukhahanumanmantrasy brahma rishihi.  
Gaayatreechhandah. panchamukha virat hanumandevta. hreen beejan.  
Shreen shaktih. kraun keelakan. kroon kavachan. kraan astraay phat.  
Iti digbandhah.

## | Shree Garuda Uvach |

Ath dhyaanan pravakshyaami shrrnusarvaangasundari.  
Yatkrtan devadeven dhyaanan hanumatah priyam. 1.

**Panchavaktran mahaabheeman tripanchanayanairyutam .  
Baahubhirdashabhiryuktan sarvakaamaarthasiddhidam. 2.**

Poorvan tu vaanaran vaktran kotisooryasamaprabham.  
Danshraakaraalavadanan bhrkuteekutilekshanam. 3.

**Asyaiv dakshinan vaktran naarasinhan mahaadbhutam .  
Atigratejovapushan bheeshanan bhayanaashanam. 4.**

Pashchiman gaarudan vaktran vakratundan mahaabalam .  
Sarvanaagaprashamanan vishabhootaadikrntanam. 5.

**Uttaran saukaran vaktran krshnan deeptan nabhopamam .  
Paataalasinhavetaalajvararogaadikrntanam. 6.**

Oordhvan hayaananan ghoran daanavaantakaran param.  
Yen vaktren viprendrataarakaakhyan mahaasuram. 7.

**Jaghaan sharanan tatsyaatsarvashatruharan param.  
Dhyaatva panchamukhan rudran hanumantan dayaanidhim. 8.**

Khadgan trishoolan khatvaangan paashamankushaparvatam.  
Mushtin kaumodakeen vrkshan dhaarayantan kamandalum. 9.

**Bhindipaalan gyaanamudraan dashabhirmunipungavam.  
Etaanyaayudhajaalaani dhaarayantan bhajaamyaham. 10.**

Pretaasanopavishtan tan sarvabharanabhooshitam.  
Divyamaalyaambaradharan divyagandhaanulepanam. 11.

**Sarvaashcharyamayan devan hanumadvishvatomukham.  
Panchaasyamachyutamanekavichitravarnavaktran  
Shashaankashikharan kapiraajavarm.  
Peetaambaraadimukutaroopashobhitaangan  
Pingaakshamaadyamanishan manasa smaraami. 12.**

Markateshan mahotsaahan sarvashatruharan param.  
Shatru sanhar maan raksh shreemannaapadamuddhar. 13.

**Om harimarkat markat mantramidan  
Parilekhyati lekhanyati vaamatale.  
Yadi nashyati nashyati shatrukulan  
Yadi munchati munchati vaamalata. 14.**

Om harimarkataay svaaha.  
Om namo bhagavate panchavadanaay poorvakapimukhaay  
Sakalashatrusanhaarakaay svaaha.

**Om namo bhagavate panchavadanaay dakshinamukhaay karaalavadanaay  
Narasinhaay sakalabhootapramathanaay svaaha.**

Om namo bhagavate panchavadanaay pashchimamukhaay garudaanaanaay  
Sakalavishaharaay svaaha.

**Om namo bhagavate panchavadanaay uttaramukhaayaadivaraahaay  
Sakalasampatkaraay svaaha.**

Om namo bhagavate panchavadanaayordhvamukhaay hayagreevaay  
Sakalajanavashankaraay svaaha.

**Om asy shree panchamukhahanumanmantrasy shreeraamachandr  
rshih. anushtupachhandah. panchamukhaveerahanumaan devata.**

Hanumaanti beejam. vaayuputr iti shaktih. anjaneesut iti keelakam.  
Shreeraamadootahanumaatprasaadasiddhyarthe jape viniyogah.  
Iti rshyaadikan vinyaset.

**Om anjaneesutaay angushthaabhyaan namah.  
Om rudramoortaye prayogeebhyaan namah.  
Om vaayuputraay madhyamaabhyaan namah.  
Om agnigarbhaay mahikaabhyaan namah.  
Om raamadootaay kanishthikaabhyaan namah.  
Om panchamukhahanumate karatalakaraprshthaabhyaan namah.  
Iti karnyaasah.**

Om anjaneesutaay hrdayaay namah.  
Om rudramoortaye shirase svaaha.  
Om vaayuputraay shikhaayai vashat.  
Om agnigarbhaay kavachaay hum.  
Om raamadootaay netratrayaay vaushat.  
Om panchamukhahanumate astraay phat.  
Panchamukhahanumate svaaha.  
Iti digbandhah.

## **| Ath Dhyanam |**

Vande vaanaranaarasinhakhagaraatkrodaashvavaktraanvitan  
Divyankaranan tripanchanayanan dedeepyamaanan rucha.  
Hastaabjairasikhetapustakasudhaakumbhaankushaadrin halan  
Khatvaangan phanibhooruhan dashabhujan sarvaarivirapaham.

## **| Ath Mantrah |**

Om shreeraamadootaayaanjaneya vaayuputraay mahaabalaparakramaay  
Seetaadukhanivaaranaay lanakaadhanakaaranaay mahaabalaprachandaay  
Phaalgunakhaay kolaahalasakalabrahmaandavishvaroopaay  
Saptasamudranirlanghanaay pingalanayanaayaamitavikramaay

Sooryabimbaphalasevanaay dushtanivaaranaay drshtiniraalanakrtaay  
Sanjeevineesanjeevitaangadalakshmanamahaakapi sainyapraanadaay  
Dashakanthavidhvansanaay raameshtaay mahaaphaalgunakhaay sitaarasahit-  
Raamavarapradaay shatprayogamapanchamukhaveerahanumantrajape  
viniyogah.

**Om harimarkatakamarataay bambambamban vaushat svaaha.**  
**Om harimarkatakamarataay phamphamphamphan phat svaaha.**  
**Om harimarkatakamarataay khenkhenkhenkhen maaranaay svaaha.**  
**Om harimarkatakaraay lunlunlunlunlun drooskalasampatkaraay svaaha.**  
**Om harimarkatakamarataay dhandhandhandhan shatrustambhanaay  
svaaha.**

**Om tantotttan koormamoortaye panchamukhaveerahanumate  
Paryantraparatantochchaatanaay svaaha.**

Om kankhanganhannan chanchhanjanjhan tanthandandhannan  
Tanthandhannan paphambambhamman yanranlanvan shanshansanhan  
Lankshan svaaha.  
Iti digbandhah.

**Om poorvakapimukhaay panchamukhahanumate tanttantan  
Sakalashatrusanharanaay svaaha.**

Om dakshinamukhaay panchamukhahanumate karaalavadanaay narasinhaay  
Om hraan hreen hroon hrain hraun hrah sakalabhootapretadamanaay svaaha.  
Om pashchimamukhaay garudaanaay panchamukhahanumate  
Manamammammamman  
Sakalavishaharaay svaaha.

**Om uttaramukhaayaadivaraahaay lanlanlanlanlan nrsinhaay  
Neelakanthamoortaye  
Panchamukhahanumate svaaha.**

Om urdhvamukhaay hayagreevaay runrunrunrunrun rudramoortaye  
Sakalaprayerjananirdhaaranaay svaaha.

**Om anjaneesutaay vaayuputraay mahaabalaay sitaarashokanivaaranaay**

**Shreeramachandrakrpaapaadukaay mahaaveeryapramathanaay  
Brahmaandanaathaay  
Kaamadaay panchamukhaveerahanumate svaaha.**

Bhootapretapishaachabrahmaraakshasashaakineedaakinyantarikshagrah-  
Parayantraparatantochchatanaay svaaha.

Sakal prayojan nirgunaay panchamukhaveerahanumate  
Shreeramachandravaraprasaadadaay janjanjanjan svaaha.  
Idan kavachan pathitva tu mahaakavachan pathennarah.  
Ekavaaran japetstotran sarvashatrunivaaranam. pandrah.

**Dvivaaran tu pathennityan putrapautrapravadhanam.  
Trivaaran ch pathennityan sarvasampatkaran shubham. 16.**

Chaturvaaran pathennityan sarvaroganivaaranam.  
Panchavaaran pathennityan sarvalokavashankaram. 17.

**Shadvaaan ch pathennityan sarvadevavashankaram.  
Saptavaaran pathennityan sarvasaubhaagyadaayakam. 18.**

Ashtavaaran pathennityamishtakaamaarthasiddhidam.  
Navavaaran pathennityan raajabhogamavaapnuyaat. vak.

**Dashavaaran pathennityan trailokyagyaanadarshanam.  
Rudravrttin pathennityan sarvasiddhirbhaveddhruvam. 20.**

Nirbaloyukt rogashch mahaavyaadhyaadipeeditah.  
Kavachasmarananaiv mahaabalamavaapnuyaat. 21.

**Iti shreesudarshanasanhitaayaan shreeramachandrarseetaaproktan  
Shreepanchamukhanumatkavachan sampoornam**